

VITILIGONI IBN SINO USULLARI BILAN DAVOLASH

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✓ *Rezyume*

Maqolada Abu Ali ibn Sinoning teri kasalliklaridan vitiligoni paydo bo'lish sabablari, bundan tashqari uni kelib chiqish tabiati haqidagi nazariy va amaliy ta'limoti bayon etilgan. Vitiligoni jins va yosh bo'yicha tarqalishi to'g'risida ham ma'lumotlar berilgan. Bemorlarni ovqatlanish tartibiga e'tibor berilgan bo'lib, asosan davolashda ibn Sino bo'yicha to'liq ma'lumotlar keltirilgan.

Kalit so'zlar: vitiligoni ibn sino usullari bilan davolash.

ЛЕЧЕНИЕ ВИТИЛИГО ПО МЕТОДАМ АВИЦЕННЫ

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✓ *Резюме*

В статье описаны причины возникновения, факторы, влияющие на появление витилиго по взглядам Абу Али ибн Сино, также его теоретические и практические учения о природе его происхождения. Приведены данные о распространенности витилиго по полу и возрасту. Большое внимание уделяется диете пациентов, режим питания при данном заболевании.

Ключевые слова: лечение витилиго по методам авиценны.

TREATMENT OF VITILIGO ACCORDING TO AVICENNA'S METHODS

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✓ *Resume*

The article describes the causes of occurrence, factors influencing the appearance of vitiligo according to the views of Abu Ali ibn Sino, as well as his theoretical and practical teachings about the nature of its origin. The data on the prevalence of vitiligo by sex and age are presented. Much attention is paid to the diet of patients, the diet for this disease.

Key words: treatment of vitiligo according to avicenna's methods.

Introduction

Consumption of beef leads to white macular disease in the body. When eggplant is consumed regularly, it causes a black bile illness, it also blends the face and skin, brightens the color, and creates the freckles on the face. Al-Kundur-Kundur al-Ghazwiliyya (Boswalliya) the excessive consumption of this causes leprosy, whose smoke then changes the colour of skin, destroying it. When An-Naniha-Jo'wana (Ajgon) and caraway drunk or smeared on the skin, it can turn yellow the face and body. Furthermore, on the body of the person who consumes too much caraway bile may reveal itself. Milk - too much drinking of this liquid is often causes leprosy.

White and black spots. Be aware that the macules are thin white spots that appear on the surface of the body (at the top). Its consequence gradually causes leprosy. The sign of white macules is that they are not very white, but are close to skin colour. These spots do not annex the body, nor effuse on the skin. If white macules are punctured with a needle, the bleeding occurs. White macules sometimes appear and disappear quickly.

However, black macules can change the color of the body to black. If the skin is rubbed, something that looks like a dandelion drops, and the rubbed region of the skin becomes red. This is a symptom of bile inflammation and a

tendency toward an organism's schizophrenia. These situations often occur in young people. Its Cure: By using methods that help alleviate a black bile illness, black spots can be eliminated by means of interior cleaning methods. This information is also reflected in the works of Samarkandiy. In the book Al-Luqat, the method of treating black macules is the same with the treatment of leprosy. However, the density of the black macules is less, and when there is an increase of spots on the body, the risk of getting leprosy will be greater.

Another way to treat it is to consume sputum, in which case bdelygmia and vomiting are of paramount importance. Likewise, those with illnesses, exhausted people, physically employed, and those who are exposed to the sun should be careful not to eat sputum, heat or dried food such as fish and milk. Treatment of black spots. If the spots are too bloody, bleeding is necessary for extirpation of bile and blood which are like black cranberries. People with such illnesses should avoid eating foods which stimulates production of phlegm such as fish and milk, and should avoid eating foods that enhance their black bile illness. If you are consuming something that boosts your black bile, then you can benefit from the onion that is softened with a bit vinegar and consuming it at sunny heat. The next type of the treatment: For macules, arugula and sulfur are added in the same amount and mixed,

after which substances are crushed till the consistence will be like the flour's, then kneaded with vinegar, and smeared on the freckles as well as white and black macules appeared places of the skin. (in modern medicine, it is also used as a sulfur-effective medicine for removing white skin from the body). To remove white macules, carefully squeeze the cabbage and vinegar, and then knead with vinegar, then ready natural medicine is smeared on the skin. Al-Hisham mentions the above information in his own work. Dammul-khavain-Khuni Seovashon (grass tree's glue) is thoroughly granulated, crushed and then treated with vinegar and then if smeared on the macules of the body, it will make them vanished. If you crush onion, knead with honey, and then smear on black spots on your body, you lose the macules with completely (that is, incinerate the root of the spots). Simpler treatments for the loss of smells.

Garlic - It is also useful for macules and removes it from body.

Al-Fawwa (tu) - The roots of the mountain musk - it is heated by vinegar and is rubbed to the body's macules.

Sedan is a good for treating macules when rubbed on the spots of the body. It will be useful if you smear a sedan added with vinegar to the macular surface of the body. This treatment is mentioned in many medical books.

Aloe vera - Yellow tree - helps to eliminate spots if it is drunk or rubbed.

Al-Asal - If added to the natural remedies used for the removal of macules and leprosy, it will accelerate the cure and improve the somatic side effects of these natural remedies. Birch-dropper - The goat's dried dung - When the goat's dung is cooked, crushed and added to sulfur powder and rubbed to white macules on the body till its removed, it will definitely affect positively macules and takes them away.

Natural remedies for exposure of wounds and scars Pomegranate bark - it is mixed with honey and rubbed on the place of skin where the sign of smallpox is left, and if it is done for several consecutive days by replacing pomegranate bark on each procedure, the sign of smallpox will be completely removed.

Arsenic is a very useful natural material for treating the sign of severe beating, massacre and scratching. Al-Juljulon (the Crocus) - eliminates the crevices (consequences) caused by beating, massacre and falling. It is useful for rubbing off consolidated blood, abovementioned crevices, black bile illnesses, cruelty and diseases occurred in animals to use seed of coriander for bandaging.

Radishes - it is beneficial to all the illnesses and pains, as well as the consequences of the beatings. These diseases are bandaged with radishes. In other circumstances, for eliminating the consequences of clubbing blow sesame is used when bandaging and it is said to be very beneficial in this case.

Az-Zirnih al-asfar - Arsenic- If it is rubbed on the surface of the body, it will be useful. al-Baras- (leprosy

sickness) Leprosy disease is often in white colour. Its appearance connected to phlegm. Sometimes the colour is black. Its etiology is black bile. Its types(character) are despicable, itchy, scarred. If they are scratched, squama will fall like scruf.

This disease is divided into two types. The first type is not amenable to the treatment. If the needle is punched to it, then white water will come out of it. The second type is hard to deal with. If the needle is punched to it, then it red water flows out of it.

Treatment: The patient is treated with procedures that help to remove black bile disease out of the patient. If a person with a leprosy needs oil, he should be greased with olive oil. It is better to eat honey than candies.

It is also important to avoid the hardly digested heavy meat of wild animals. The deer's meat can be eaten, but four kinds of meat should be avoided to eat and avoid consuming any kind of fat. What you need to eat: It is important to eat foods like baked bread, honey, olive oil, egg yolk and poultry, and eat foods that are more digestive and can produce good blood (which improves blood circulation and increase amount of blood).

Marriage with them is futile. One of the guidelines that some of the health books have to offer is beneficial for people diagnosed with leprosy: bossy's (unbred cows) urine is applied to the body. It is bread and butterfat that people diagnosed with leprosy consume. If this discipline is observed for a period of forty days, greasing the urine of cow, rubbing the equal amount of henna and mustard with warm water on the whitened area of the skin, it is then dried with dry cloth. This procedure should be done till getting rid of disease.

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