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НОВЫЙ ДЕНЬ В МЕДИЦИНЕ  
NEW DAY IN MEDICINE**

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## STATE OF IMMUNE STATUS IN PATIENTS WITH CHRONIC PURULENT OTITIS MEDIA

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### ✓ Resume

*The purpose of the study was to study the parameters of the immune system in patients with chronic suppurative otitis media. We observed 25 patients aged from 28 to 45 years with chronic suppurative otitis media (CPOM), who were undergoing inpatient treatment in the ENT department of the Bukhara Regional Multidisciplinary Treatment Center. Of these, men accounted for 56.6%, women - 43.4%. Unilateral otitis media was observed in 57.8%, bilateral - in 42.2%. In addition to the traditional examination (general blood test, urine test, bacteriological and biochemical examination), all patients underwent an ENT examination, paracentesis (26.5%), and radiography of the mastoid process (9.6%).*

*Immunological studies were carried out jointly with the Research Institute of Immunology of the Academy of Sciences of the Republic of Uzbekistan. (Tashkent).*

*Key words: immune status in patients with chronic suppurative otitis media, ENT examination, paracentesis, mastoid radiography.*

### Relevance

The problem of chronic inflammation of the middle ear is one of the urgent problems of clinical otorhinolaryngology. Chronic otitis media accompanied by accumulation of purulent masses in the tympanic cavity are characterized by a long course, contribute to the deterioration of the quality of life and create conditions for the development of otogenic intracranial complications. It is known that the pathogenesis of chronic purulent otitis media is based on changes in various parts of immunity, especially in the state of the local immune system [3]. At the same time, it is proved that long-term inflammatory processes on the mucosa of the tympanic cavity lead to secondary immunodeficiency states and inhibition of local defense mechanisms [4,7], and a vicious circle of disease development is created, which the patient's organism cannot overcome. Along with this, traditional methods of treatment of chronic purulent otitis media, including surgical intervention, antibiotics and hormones, contribute to the aggravation of immunodeficiency state and, among other things, disrupt the natural course of local defense mechanisms [1,9].

Cytokines play an important role in the development of an adequate local immune response to the introduction of infection, triggering a cascade of reactions aimed at detection, destruction and removal of the damaging agent. The production of proinflammatory cytokines (TNF, IL-1, IL-8) serves as the first link in the activation of nonspecific resistance and then specific immune response [5,8]. One of the main proinflammatory mediators that control all stages of the inflammatory response is IL-1. In addition, IL-1 has a stimulatory effect on the growth and metabolism of connective tissue and regulates regeneration in the focus of inflammation [2,10].

**The aim** of the study was to investigate the parameters of the immune system in patients with chronic purulent otitis media.

### Material and methods of research

We studied 25 patients aged from 28 to 45 years with chronic purulent otitis media (CHPOM), who were on inpatient treatment in the ENT department of Bukhara regional multidisciplinary treatment center. Men made 56,6%, women - 43,4%. Unilateral otitis media was observed in 57.8%, bilateral - in 42.2%. In addition to signs of inflammation, general restlessness, poor sleep, refusal to eat, headaches were noted. In addition to traditional examination (general blood, urine, bacteriological and biochemical

tests), all patients underwent ENT examination, paracentesis (26.5%), mastoid process radiography (9.6%).

In the main group there were 25 patients with chronic purulent otitis media (CHPOM) patients, and in the control group there were 14 practically healthy patients of similar age who had no history of otitis media. All 25 patients were registered in Bukhara regional polyclinic. The patients received antibacterial, anti-inflammatory and local therapy in hospital.

Immunologic researches were carried out together with the Research Institute of Immunology of the Academy of Sciences of the Republic of Uzbekistan. (Tashkent). The study included patients with chronic purulent otitis media (CHPOM), whose patients gave informed consent to participate in this study (the work was performed in accordance with the Declaration of Helsinki and approved by the ethical committee of the Bukhara State Medical Institute).

Lymphocyte phenotyping was performed by indirect immunofluorescence method using monoclonal antibodies to CD-receptors produced by "Sorbent Ltd" of the Institute of Immunology of the Ministry of Health and Social Development of the Russian Federation and "Medbioservice". T-lymphocytes (total population - CD3); T-helpers (Tx subpopulation - CD4); T-suppressors (Tc subpopulation - CD8); B-lymphocytes (CD19 subpopulation) were determined. The immunoregulatory index (IRI) - CD4/CD8 ratio was calculated.

The concentration of serum immunoglobulins (Ig) A, M and G was determined by radial immunodiffusion.

The level of cytokines (IL-10, IL-17) in peripheral blood serum was studied by enzyme-linked immunosorbent assay using Vector-Best test systems. Immune status parameters were studied twice: before treatment and 1 month after treatment.

The obtained data were subjected to statistical processing using the computer program Microsoft Excel 2003 on LG-Pentium IV computer. Reliability of differences when comparing mean values was determined by Student's t test. Data are presented as  $M \pm m$ . Differences were considered reliable at  $p < 0.05$ .

### Result and discussions

Retrospective analysis of the study of immune status in patients with CHSSO showed that in the period before the pre-treatment they had significant disorders on the part of their immune system (Table 1).

A 0.7-fold decrease in the absolute number of leukocytes and relative content of lymphocytes, a two-fold decrease in the absolute value of lymphocytes were observed in patients with CHPOM. Such decrease was reflected in statistically reliable decrease from 2 to 3 times of absolute values of total pool of T(CD3)- and B(CD19)-lymphocytes (Table 1).

In patients with chronic purulent otitis media (CHPOM) patients we revealed deep suppression of T-cell immunity in their relative expression, namely 0.6-fold decrease of T-cells with phenotype (CD3), even more noticeable suppression of helper T-cells - Tx (CD4) - up to  $13.8 \pm 2.3\%$  (in the control group  $34.2 \pm 1.6$ ;  $P < 0.0001$ ), while the content of T-cell subpopulation - T(CD8)-cytotoxic lymphocytes exceeded the background values of the control group to a moderate extent ( $P > 0.05$ ). In this regard, in this group there is an inversion of immunoregulatory index (IRI) - CD4/CD 8 ratio - which leads to serious changes in the immune system combined with CGSS. Thus, we found an imbalance of T-cells subpopulations with a decrease of their helper part - Tx (CD4) and increase of suppressor part - Tc (CD8) (Table 1). The decrease of IRI registered by us in patients with chronic purulent otitis media (CHPOM) testifies to functional insufficiency of cells with Tx(CD8) phenotype, and it is a sign of deep immunodeficiency developed in patients. In patients with chronic purulent otitis media (CHPOM) we revealed a small activation of T-killer subpopulation - Tk (CD16), which is probably also pathogenic in this pathology.

With regard to the B-cell component of the immune system, we can say that there was a moderate decrease, which was not statistically confirmed ( $P > 0.05$ ). The decrease of B (CD19) lymphocytes was reflected in the spectrum of serum immunoglobulin (SI) content of two classes - IgA and IgG, and the amount of IgM, on the contrary, increased (Table 1).

The data obtained by us testify to deep disturbances in the function of the immune system in patients with chronic purulent otitis media (CHPOM), which reflected the spectrum of cellular and humoral immunity factors. These disorders, apparently, can be considered as quite possible fact,

playing an important role in the pathogenesis of this mixt-pathology in patients. A decrease in the relative amount of Tx (CD4) is an aggravating factor and an unfavorable prognostic criterion.

**Table 1.**  
**Parameters of the immune system in patients with CHPOM in the dynamics of treatment**

<b>Indicator</b>	<b>Healthy (n=14)</b>	<b>Patients (n=25)</b>
Leukocytes, kl/mkl	6123 ± 162	4251 ± 321***
		4437 ± 234***
Lymphocytes, %	29,6 ± 1,7	21,4 ± 2,15**
		22,7 ± 2,4*
Lymphocytes, abs.	1812,4 ± 35,7	931,5 ± 97,2***
		1003,6 ± 47,5***
T(CD3), %	58,3 ± 2,5	38,4 ± 3,2***
		41,2 ± 2,7***
T(CD3), абс.	1058,2 ± 72,2	362,5 ± 43,6***
		425 ± 51,4***
Tx(CD4), %	34,2 ± 1,6	13,8 ± 2,3***
		12,4 ± 2,7***
Tc(CD8), %	22,7 ± 1,2	24,2 ± 2,8
		26,5 ± 3,1
IRI (CD4/CD 8)	1,5 ± 0,14	0,58 ± 0,31**
		0,49 ± 0,36**
Tk(CD16), %	15,4 ± 0,9	16,2 ± 2,5
		18,4 ± 3,2
B(CD19), %	24,3 ± 1,22	19,62 ± 4,4
		22,5 ± 2,6
CD19, abs.	351,6 ± 29,4	182,1 ± 20,5***
		228,7 ± 34,9**
Ig A, mg%	129,2 ± 10,8	84,4 ± 7,8**
		101,9 ± 13,6
Ig M, mg%	86,7 ± 8,9	140,4 ± 13,1***
		136,3 ± 16,5**
Ig G, mg%	1047,3 ± 33,4	888,7 ± 42,7**
		761,4 ± 54,6***
<b>Note: in numerator - data before treatment, in denominator - after treatment; *- P&lt;0.05; **- P&lt;0.01; ***- P&lt;0.0001 - compared with the control group;</b>		

The conducted treatment did not lead to noticeable changes in the parameters of the immune system in patients with CGSO. We observed a tendency in moderate increase of separate links of cellular immunity and humoral immunity, but restoration of the main parameters of immune status



(Table 1). Besides, in patients the tension of humoral component of immunity system was preserved at  $p>0,05$ . In patients with chronic purulent otitis media (CHPOM) we found a weak increase in T(CD3) and B(CD19) in their relative and absolute values, as well as a moderate increase in the production of Tc(CD16), Tc(CD8), Ig A concentration (Table 1).

**Table 2.**

**Content of pro- and anti-inflammatory cytokines in patients combined with CHPOM in the dynamics of treatment**

Indicator	I Control group	Main group
IL-10, pg/mL	23,70 ± 5,38	82,80 ± 25,07
		21,93 ± 5,28
IL-17, pg/mL	10,95 ± 3,65	86,08 ± 25,72
		52,04 ± 15,06

**Note: in the numerator data before treatment, in the denominator - after treatment; \* - P<0.05 compared with the control group;**

The study of the cytokine spectrum in patients with chronic purulent otitis media (CHPOM) showed that there were significant differences between the values of the main group and the control group. For example, if in healthy patients the level of IL-10 was  $23.70 \pm 5.38$  pg/mL, in patients with chronic purulent otitis media (CHPOM) the similar parameter was 3.5 times higher and was at the level of  $82.80 \pm 25.07$  g/mL (Table 2). Thus, the high level of IL-10 in patients with chronic purulent otitis media (CHPOM) indicated the severity of the degree of inflammatory reaction.

It is known that activated T-lymphocytes and natural killer cells are the source of IL-10. Among T-lymphocytes, both cytotoxic Tc(CD8) and Tx(CD4) cells are IL-10 producers; however, when the latter differentiate into Th1 and Th2 cells, only Th1 cells retain the ability to produce IL-10. The most important function of IL-10 is its participation in mediating inter-connections between lymphocytes and macrophages, as well as in regulating the ratio of cellular and humoral components of the immune response. Being the main product of Th1 cells, IL-10 reduces the secretory activity of Th2 cells. Thus, IL-10 enhances the development of cellular immunity and suppresses the manifestations of humoral immunity. Consequently, IL-10 plays an important role in immunoregulation, being a key cytokine of the cellular immune response and an inhibitor of the humoral immune response.

The level of IL-17 in the group of patients with CHPOM was approximately 8 times higher than in the control group. It is known that IL-17 is described as a factor stimulating B-lymphocytes, as it causes proliferation of B-cells. The main producers of IL-17 are Th2 cells. IL-17 suppresses the function of macrophages and their secretion of IL-1, TNF and IL-6, thus having an anti-inflammatory effect. IL-17 causes proliferation and differentiation of B- and T-lymphocytes, affects the development of hematopoietic cells, macrophages, natural killer cells, basophils, being a functional antagonist of cytokines produced by Tx1-cells. IL-17 promotes the development of allergic reactions and has a pronounced anti-inflammatory effect.

Comparative analysis showed that the ratio of IL-10/IL-17 (proinflammatory/anti-inflammatory cytokines or Tx1/Tx2 ) in healthy patients was 2.2. In the presence of a pronounced inflammatory process, i.e. in patients of the main group, this index was 0.96. A pronounced imbalance in the functioning of the main regulatory cytokines was revealed, which was expressed by a sharp rise in the level of anti-inflammatory cytokines and suppression of proinflammatory cytokines, which are the main regulators of acute inflammatory conditions.

### Conclusion

Thus, in patients with CHPOM there is a pronounced stimulation of production of both pro-inflammatory and anti-inflammatory cytokines. Such processes can be a necessary condition for defense against infectious agent and systemic damaging effect of high concentrations of pro-inflammatory cytokines.

After treatment in the group of patients with CHPOM the level of IL-10 approached the control values, and the level of IL-17 in the dynamics of treatment, if decreased, but still remained at a high level, 5.5 exceeding the same parameters in children of the control group.

The IL-10/IL-17 ratio in the main group tended to decrease even more, amounting to 0.42.

Thus, a profound deficit of most parameters of immune status is observed in patients with CHPOM. One of the main disorders of the immune status is a significant suppression of T<sub>H</sub>(CD)-lymphocytes and inversion of IRI with an increase in the functional activity of T<sub>C</sub>(CD8)-lymphocytes, which is an unfavorable clinical criterion. In these patients there was no positive dynamics of changes in immune status after treatment. Under the influence of treatment there was suppression of proinflammatory cytokine IL-10. However, it should be emphasized that the revealed change in the level of IL-17 and violation of the quantitative ratio of pro- and anti-inflammatory cytokines indicates the presence of pre-existing immunodeficiency state, which, apparently, manifested itself in the form of complications against the background of the main disease.

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